



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Welcome to August! Update</b></p>	<p><b>1</b></p> <p>9:00 Aqua Aerobics (P) 9:00 Exercise Class Video (T) 1:30 Scrabble (GGR) 7:00 Poker (GR)</p>	<p><b>2</b></p> <p><b>10:30 Tour of "The Butterfly House"/Lunch at Talayna's Italian restaurant (L)**</b></p> <p>2:30 Dining Committee Staff (SMPDR)</p>	<p><b>3</b></p> <p>9:00 Fitness with Doug (T) 10:00 Blood Pressure (Lib) 10:30 Poetry Club (GR) 11:30 Banking (Lib) 1:00 Art Class with Chrissy (AR) 1:00 Stretch/Balance (T) <b>2:00 Cooking "Let's make a Dish" (Andres)**</b></p>	<p><b>4</b></p> <p>8:30 Walking at St. Luke's (L) 9:00 Aqua Aerobics (P) 1:00 Tai Chi (T) <b>2:00 Cooking "Let's make a Dish" (Andres)**</b> 3:00 Dining Committee Residents (SMPDR)</p>	<p><b>5</b></p> <p>9:00 Fitness with Doug (T) 12:30 Mahjong (GR) <b>1:00 Grocery Store Schnucks(L)**</b> <b>2:00 Catholic Healing Mass/Rosary (CR)</b></p>	<p><b>6</b></p> <p>10:00 Ping-Pong (GR) 2:00 Bingo! (GR) <b>3:00 Stan Komen-Wine tasting (T)</b></p>
<p><b>7</b></p> <p>1:00 Nathan Coleman-Pianist (T)</p>	<p><b>8</b></p> <p>9:00 Aqua Aerobics (P) 9:00 Exercise Class Video (T) 11:30 Contact Bridge Session (CR) 1:30 Scrabble (GGR) 3:00 Piano/Music Club (T)</p>	<p><b>9</b></p> <p><b>10:00 Eckert's Country Store &amp; Farm/lunch (L)**</b> 3:00 Mexican Dominoes! (GR)</p>	<p><b>10</b></p> <p>9:00 Fitness with Doug (T) 10:00 Blood Pressure (Lib) 10:30 Sacred Grounds (MP) 11:30 Banking (Lib) 1:00 Art Class (AR) 1:00 Stretch/Balance (T) <b>2:00 Flower Arranging (CR)**</b></p>	<p><b>11</b></p> <p>8:30 Walking at St. Luke's (L) 9:00 Aqua Aerobics (P) <b>10:00 Christianity Explored-(CR)</b> 1:30 Bookmobile (G) <b>2:00 Flower Arranging (CR)**</b> 3:30 Planning Committee with Residents (T)</p>	<p><b>12</b></p> <p>9:00 Fitness with Doug (T) 12:30 Mahjong (GR) <b>1:00 Grocery Store Dierbergs (L)**</b> 3:00 Rosary (GR) <b>4:00 Cocktail Hour /Piano (G)**</b></p>	<p><b>13</b></p> <p>10:00 Ping-Pong (GR) <b>12:00 Apple Class with Larry (CR)</b></p>
<p><b>14</b></p> <p>1:00 Dan Smith-Pianist (T)</p> <p><b>1:00 Stages: In the Heights (L)**</b></p> <p><b>2:30 Documentary: Audrey Hepburn (T)</b></p>	<p><b>15</b></p> <p>9:00 Aqua Aerobics (P) 9:00 Exercise Class Video (T) 1:30 Scrabble (GGR) 7:00 Poker (GR)</p>	<p><b>16</b></p> <p><b>11:30 Ladies Trip Lunch at Dave and Tonys/ shopping at "Fantastic Finds" (L)**</b></p> <p><b>3:00 Book Club: Defending Jacob (CR)</b></p>	<p><b>17</b></p> <p>9:00 Fitness with Doug (T) 10:00 Blood Pressure (Lib) <b>10:00 Holly on Hand (T)</b> 10:30 Poetry Club (GR) 11:30 Banking (Lib) 1:00 Art Class (AR) 1:00 Stretch/Balance (T) <b>2:00 Choir with Karen (T)</b> <b>3:00 Chimes with Karen (T)</b></p>	<p><b>18</b></p> <p>8:30 Walking St. Luke's (L) 9:00 Aqua Aerobics (P) <b>10:00 Dr Juelich Hearing Aide (SPA)**</b> <b>10:00 Christianity Explored-(CR)</b> <b>12:00 Food Drive-Barbecue (T)**</b> 1:00 Tai Chi (T) <b>2:00 Art &amp; Nancy Duo (T)</b> 3:00 Trivia with Judy (MP)</p>	<p><b>19</b></p> <p>9:00 Fitness with Doug (T) 12:30 Mahjong (GR) <b>1:00 Grocery Store Schnucks (L)**</b> 2:00 Musical Bingo (T) 3:00 Rosary (GR) <b>3:00 Jan Mara Sings &amp; Whistles/Happy Hour (T)</b></p>	<p><b>20</b></p> <p>10:00 Ping Pong (GR) <b>12:00 Movie: Field of Dreams (T)</b></p>
<p><b>21</b></p> <p>1:00 Nathan Coleman-Pianist (T)</p>	<p><b>22</b></p> <p>9:00 Aqua Aerobics (P) 9:00 Exercise Class Video (T) 11:30 Contact Bridge Session-(CR) 1:30 Scrabble (SMPDR) <b>3:30-4:30 Wine/Cheese with Mary (G)</b></p>	<p><b>23</b></p> <p><b>10:00 Trip Von Maur, Chicos and BC's Restaurant (L)**</b></p> <p><b>3:00 August Birthday Celebration! - Everyone is invited (G)</b></p>	<p><b>24</b></p> <p><b>9:00 Sign-ups for September (G)**</b> 9:00 Fitness with Doug (T) 10:00 Blood Pressure (Lib) 10:30 Sacred Grounds (MP) 11:30 Banking (Lib) 1:00 Art Class (AR) 1:00 Stretch/Balance (T) <b>2:00 Choir with Karen (T)</b> <b>3:00 Chimes with Karen (T)</b></p>	<p><b>25</b></p> <p>8:30 Walking St. Luke's (L) <b>10:00 Christianity Explored-(CR)</b> 10:30 Jewish Discussion Group (MP) 11:30 Dining Committee Staff (SMPDR) 1:30 Bookmobile (G) 3:30 Town Hall (T)</p>	<p><b>26</b></p> <p>9:00 Fitness with Doug (T) 12:30 Mahjong (GR) 3:00 Rosary (GR) <b>1:00 Grocery Store Dierbergs (L)**</b> <b>2:00 Speaker Bev Schuetz-St. Louis Famous Murderers on Trial (T)</b></p>	<p><b>27</b></p> <p>10:00 Ping-Pong (GR) 2:00 Bingo!</p>
<p><b>28</b></p> <p>1:00 Dan Smith-Pianist (T)</p>	<p><b>29</b></p> <p>9:00 Aqua Aerobics (P) 9:00 Exercise Class Video (T) 1:30 Scrabble (GGR)</p>	<p><b>30</b></p> <p><b>10:00 Men's Trip Missouri Civil War Museum \$ 7. Lunch at Garvey's on Telegraph (L)**</b></p> <p><b>3:00 Michael Shornick Entertains-Happy Hour (T)</b></p>	<p><b>31</b></p> <p>9:00 Fitness with Doug (T) 10:00 Blood Pressure (Lib) 11:30 Banking (Lib) 1:00 Art Class (AR) 1:00 Stretch/Balance (T) <b>2:00 Choir with Karen (T)</b> <b>3:00 Chimes with Karen (T)</b></p>	 <p><b>August 2022</b> Welcoming August one day at a time.</p>		