

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# October 2021

"My Favorite Color is October"

							1	2
							9:00 Exercise with Treva (T) 12:30-2:45 Mahjong (T) <b>1:00 Grocery Shopping-Dierbergs-(L)**</b> 3:00 Hand Chimes (CR) 3:00 Rosary (GR)	10:00 Ping Pong (GR) 7:00 Movie Night: Uncle Buck(T)
1:00 Musical Moments with Nathan (T)	3 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 1:30 Scrabble (GGR) 2:00 Food Committee Meeting (GPDR)	4 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 1:30 Scrabble (GGR) 2:00 Food Committee Meeting (GPDR)	5 9:00 Water Walking with Barbara (P) <b>2:00 Speaker Bev Schuetz History of Underwear (T)</b> <b>2:15-3:00 Blood Pressure Screenings (Lib)</b>	6 9:00 Exercise with Treva (T) 11:00-12:00 Banking (Lib) 1:00 Art Class 101 with Chrissy (AR) 2:00 Stretch and Balance with Sarah (T)	7 9:00 Walking Club with Barbara (L) 9:00 Aqua Aerobics with Doug (P) 1:00 Tai Chi with Herb (T) <b>1:30-2:30 Book Mobile Library (G)</b> 3:00 Willows Chorale (T)	8 9:00 Exercise with Treva (T) 12:30 -2:45 Mahjong (GR) <b>1:00 Grocery Shopping- Schnucks (L)**</b> 3:00 Hand Chimes (CR) 3:00 Rosary (GR)	9 10:00 Ping Pong (GR) 2:00 Bingo (GR) 7:00 Movie Night: The Choice (T)	
	10 6:00 Poker (GR) 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) <b>9:45 Java &amp; Jabber (T)**</b> 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR) 3:00 Piano Club (T) 7:00 Mexican Train Dominoes (GR) Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)	11 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR) 3:00 Piano Club (T) 7:00 Mexican Train Dominoes (GR) Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)	12 9:00 Water Walking with Barbara (P) <b>6:30-7:30 Taiko, Japanese Drumming Group (Patio)**</b>	13 9:00 Exercise with Treva (T) <b>10:30 Sacred Grounds with Jake (MP)</b> 11:00-12:00 Banking (Lib) 1:00 Art Class 101 with Chrissy (AR) 2:00 Stretch and Balance with Sarah (T) <b>2:00 Flower Arranging with Barbara (CR)**</b>	14 9:00 Walking Club with Barbara (L) 9:00 Aqua Aerobics with Doug (P) <b>2:00 Flower Arranging with Barbara (CR)**</b> 2:00 Chair Yoga (T)	15 9:00 Exercise with Treva (T) 12:30-2:45 Mahjong (GR) <b>1:00 Grocery Shopping Dierbergs (L)**</b> <b>2:00 Musical Bingo (T)</b> 3:00 Hand Chimes (CR) 3:00 Rosary (GR)	16 10:00 Ping Pong (GR) 7:00 Movie Night: Same Kind of Different (T)	
1:00 Musical Moments with Nathan (T) <b>1:00 Stages, must have a ticket. (L)</b>	17 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 1:30 Scrabble (GGR) 2:00 Food Committee Meeting (GPDR) 6:00 Poker (GR)	18 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 1:30 Scrabble (GGR) 2:00 Food Committee Meeting (GPDR) 6:00 Poker (GR)	19 <b>9:00-12:30 Flu Shot Vaccine Clinic- Residents Only! (T)</b> 9:00 Water Walking with Barbara (P) <b>2:15-3:00 Blood Pressure Screenings (Lib)</b>	20 9:00 Exercise with Treva (T) 11:00-12:00 Banking (Lib) 1:00 Art Class 101 with Chrissy (AR) 2:00 Stretch and Balance with Sarah (T)	21 3:00 Willows Chorale (T) 9:00 Walking Club with Barbara (L) 9:00 Aqua Aerobics with Doug (P) <b>10:00 Hearing Aide Maintenance (SPA)**</b> 1:00 Tai Chi with Herb (T) <b>1:30-2:30 Book Mobile Library (G)</b> 2:00 Trivia with Judy (CR) 3:00 Willows Chorale (T)	22 9:00 Exercise with Treva (T) 12:30-2:45 Mahjong (GR) <b>1:00 Grocery Shopping Schnucks (L)**</b> <b>1:00-4:00 Fall Festival, Circus Residents Only!</b> 3:00 Hand Chimes (CR) 3:00 Rosary (GR)	23 10:00 Ping Pong (GR) <b>2:00 Cambia, Music Duo (T)</b> 7:00 Movie Night: Night in Rodanthe (T)	
	24 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR) 7:00 Mexican Train Dominoes (GR)	25 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR) 7:00 Mexican Train Dominoes (GR)	26 9:00 Water Walking with Barbara (P) <b>2:00 Cooking with Barbara (APDR)**</b> <b>2:00 Anidie: Pain &amp; Health (T)</b> 3:00 Book Club (CR)	27 9:00 Exercise with Treva (T) <b>10:30 Sacred Grounds with Jake (MP)</b> 11:00-12:00 Banking (Lib) 1:00 Art Class 101 with Chrissy (AR) 3:30 Town Hall (T)	28 <b>9:00-11:00 Sign Up for November Activities (G)</b> 9:00 Walking Club with Barbara (L) 9:00 Aqua Aerobics with Doug (P) 2:00 Chair Yoga (T) <b>2:00 Cooking with Barbara (APDR)**</b> 3:00 Willows Chorale (T)	29 9:00 Exercise with Treva (T) <b>9:00 Podiatrist (SPA)**</b> 12:30-2:45 Mahjong (GR) <b>1:00 Grocery Shopping Dierbergs (L)**</b> <b>3:00 Hand Chimes (CR)</b> 3:00 Rosary (GR)	30 10:00 Ping Pong (GR) 2:00 Bingo (GR) 7:00 Movie Night: Safe Haven (T)	
	31 <b>Red **</b> Requires sign-up with Activities <b>Yellow</b> indicates special upcoming event							

Halloween