

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Aqua Aerobics (P) 9:00 Exercise with Treva (T) 1:30 Scrabble (GGR) 2:00 Food Committee Meeting (GPDR) 7:00 Poker (GR)	2 9:00 Water Walking with Barbara (P) 2:00 St. Luke's Speaker Keeping Healthy in The New Year (T)	3 9:00 Exercise with Treva 10:00 Grief Support Group with Jake (MP) 11:00-12:00 Banking (L) 1:00 Art Class (AR) 2:00 Poker (GR) 2:00 Stretch and Balance (T)	4 9:00 Walking Club with Barbara (L) 9:00 Aqua Aerobics (P) 10:00 Blood Pressure Screening (Lib) 10:30 Memorial Service (T) 1:00 Tai Chi (T) 3:00 Willows Chorale (T)	5 9:00 Exercise with Treva (T) 1:00 Grocery Shopping Schnucks (L)** 3:00 Hand Chimes (CR)	6 2:00 Bingo (GR) 7:00 Overboard (T)
7 1:00 Moments with Nathan (T) <small>Daylight Saving Time Ends</small>	8 9:00 Aqua Aerobics (P) 9:00-4:00 PM Booster Shot (T) 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR) 7:00 Mexican Train Dominoes (GR)	9 9:00 Water Walking with Barbara (P) 2:00 Flower Arranging (CR)** 3:00 John Steffen Spirit Bear (T)	10 9:00 Exercise with Treva (T) 10:30 Sacred Grounds with Jake (MP) 11:00-12:00 Banking (L) 1:00 Art Class (AR) 2:00 Flower Arranging (CR)** 2:00 Stretch and Balance (T)	11 9:00 Aqua Aerobics (P) 9:00 Walking Club with Barbara (L) 10:00 Blood Pressure Screening (Lib) 2:30 Veterans Day Service (T) 3:00 Willows Chorale (T) Cancelled	12 9:00 Exercise with Treva (T) 1:00 Grocery Shopping Dierbergs (L)** 3:00 Hand Chimes (CR)	13
14	15 9:00 Aqua Aerobics (P) 9:00 Exercise with Treva (T) 1:30 Scrabble (GGR) 2:00 Food Committee (GPDR) 7:00 Poker (GR)	16 9:00 Water Walking with Barbara (P) 2:00 Bev Schultz-Speaker "Gone with The Wind" (T)	17 9:00 Exercise with Treva (T) 11:00-12:00 Banking (L) 1:00 Art Class (AR) 2:00 Poker (GR) 2:00 Cooking with Barbara (APDR)** 2:00 Stretch and Balance 3:30 Happy Hour, Jewel Tones (T)**	18 9:00 Aqua Aerobics (P) 9:00 Walking Club/Barbara 10:00 Blood Pressure Screening (Lib) 1:00 Tai Chi (T) 2:00 Cooking with Barbara (ADPD)** 2:00 Willows Chorale (T) 3:30 Town Hall (T)	19 9:00 Exercise with Treva (T) 1:00 Grocery Shopping Schnucks (L)** 2:00 Musical BINGO! (T) 3:00 Hand Chimes (CR)	20 2:00 Bingo (GR) 7:00 August Rush (T)
21 2:00 Double Play-Flute & Tuba (T)	22 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics (P) 9:00 Exercise with Treva (T) 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR) 7:00 Mexican Train Dominoes (GR)	23 9:00 Water Walking with Barbara (P) 9:00 Piazza Fountain & Lunch at Favazza's on The Hill. (L)** 3:00 Book Club (CR)	24 9:00 Exercise with Treva (T) 10:30 Sacred Grounds with Jake (MP) 11:00-12:00 Banking (L) 1:00 Art Class (AR) 2:00 Stretch and Balance (T)	25 <i>Happy Thanksgiving</i> <small>Thanksgiving Day</small>	26 9:00 Exercise with Treva (T) 1:00 Grocery Shopping Dierbergs (L)** 3:00 Hand Chimes (CR)	27 2:00 Rekha Dravina, Pianist (T) 7:00 My Big Fat Greek Wedding (T)
28 1:00 Moments with Nathan (T) <small>Hanukkah Begins</small>	29 9:00 Aqua Aerobics (P) 9:00 Exercise with Treva (T) 1:30 Scrabble (GGR)	30 9:00 Water Walking with Barbara (P) 10:30 Hanukkah Celebration (MP) 3:00 Dallas-Trumpet Concert (T)				

November 2021

"Autumn carries more gold in its pocket than all the other seasons."