

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2018

## The Willows at Brooking Park

							<p>10:00 Ping Pong (GR)</p> <p>2:00 Piano Recital of the Students of Jill Kirk and Treva Downey and our residents (T)</p> <p>7:00 Movie Night-The Santa Clause (T) (1 hour, 37 minutes, Rated-PG)</p>
<p>2</p> <p>9:45 Church at Brooking Park 10:00 AM-1:00 PM- Sunday Brunch 1:00 Musical Memories with Nathan (G) 1:00 Out Trip- St. Peters Choral Society Concert (L)</p>	<p>3</p> <p>9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 9:45 Java &amp; Jabber (T) 2:00 Tony Steinbach entertains (T) 3:00 Food Committee (GPDR) 3:00 Piano Club (GR) 6:30 Poker (GR)  First Day of Hanukkah</p>	<p>4</p> <p>9:00 Water Walking with Barb (P) 10:30 Out Trip-Mary Ann's Tea Room (L) 3:00 Bingo (GR)</p>	<p>5</p> <p>8:15-9:00 Blood Pressure Screening (Lib.) 9:00 Exercise with Treva (T) 10:00 Banking (Lib.) 10:30 Hanukah Program (GR) 2:00 Music &amp; Movement (T) 3:00 Card Making (CR)</p>	<p>6</p> <p>9:00 Aqua Aerobics with Doug (P) 9:00 Walking Club with Barb (L) 10:00 Card Making (CR) 11:00 Tai Chi (T) 1:00 Equipment Training (FC) 1:30 Personal Trainer (FC) 2:00 Bonhomme-Opera Theatre Artist in Residence Recital (L) 3:00 Willows Chorale (T)</p>	<p>7</p> <p>9:00 Exercise with Treva (T) 10:00 Art &amp; Drawing (AR) 1:00 Grocery Shopping-Dierbergs (L) 1:45 Bookmobile (G) 2:00 Dusty James and Abalone Pearl entertain! (T) 3:00 Hand Chimes (CR) 3:00 Weekly Rosary (GR)</p>	<p>8</p> <p>10:00 Ping Pong (GR) 2:00 Wine Tasting with Stan Komen (GR) 7:00 Movie Night (T) Home Again (1 hour, 37 in, Rated-PG-13)</p>	
<p>9</p> <p>9:45 Church at Brooking Park 10:00 AM-1:00 PM Sunday Brunch 2:00 Documentary (T)- Tea with the Dames (83 minutes)</p>	<p>10</p> <p>9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 11:30 Duplicate Bridge (CR) 1:00 Holiday Hugs Wrapping Party (T) 2:00 Wii Bowling (GR) 3:00 Ted Talks (T)</p>	<p>11</p> <p>9:00 Water Walking with Barb (P) 10:30 The Smiling Strings from the Czech Republic Concert (T) 2:00 Holiday Jeopardy (GR) 5:00 Tilles Park Lights (L)</p>	<p>12</p> <p>9:00 Exercise with Treva (T) 10:00 Banking (Lib.) 2:00 Musical Bingo 2:00 Dancing with Cyndi (T) **No Dance partner needed**</p>	<p>13</p> <p>9:00 Aqua Aerobics with Doug (P) 9:00 Walking club with Barb (L) 10:30 Book Review (T) 2:00 Stretch &amp; Strengthen (T) 3:00 Willows Chorale (T) 5:00-7:00-Resident Holiday Party 7:30 Joe Bozzi Quartet entertains (T)</p>	<p>14</p> <p>9:00 Exercise with Treva (T) 10:00 Art &amp; Drawing (AR) 10:00 Flower Arranging (CR) 1:00 Flower Arranging (CR) 1:00 Grocery Shopping - Schnucks (L) 3:00 Hand Chimes (CR) 3:00 Weekly Rosary (GR)</p>	<p>15</p> <p>10:00 Ping Pong (GR) 2:00 Weekend Bingo (GR) 7:00 Movie Night (T) Miracle on 34<sup>th</sup> Street (1 hour, 54 min. Rated-PG)</p>	
<p>16</p> <p>9:45 Church at Brooking park 10:00 AM-1:00 PM- Sunday Brunch 1:00 Musical Memories with Nathan (G) 2:00 Documentary (T)- Grace Kelly-the American Princess (58 Min.) 3:30 Bonhomme Christmas Concert (L)</p>	<p>17</p> <p>9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 10:00 Ramekin (APDR) 10:30 Craftibility (T) 11:30 Duplicate Bridge (CR) 3:00 The Willows Holiday Concert (T)</p>	<p>18</p> <p>9:00 Water Walking with Barb (P) 10:00 Out Trip-Botanical Gardens Train Show (L) 3:00 Bingo (GR)</p>	<p>19</p> <p>8:15-9:00 Blood pressure Screening (Lib.) 9:00 Exercise with Treva (T) 10:00 Banking (Lib.) 2:00 Music &amp; Movement (T) 4:30 Town Hall and Happy Hour (T)</p>	<p>20</p> <p>9:00 Aqua Aerobics with Doug (P) 9:00 Walking Club with Barb (L) 10:00 Hearing Aid Maintenance (SPA-by appointment) 10:00 Chesterfield Day School Kids entertain (T) 11:00 Tai Chi (T) 1:30 Personal Trainer (FC) 2:00 Trivia with Judy (CR)</p>	<p>21</p> <p>9:00 Exercise with Treva (T) 10:00 Art &amp; Drawing (AR) 12:00 Food Drive &amp; Lunch (T) 1:00 Grocery Shopping-Dierbergs (L) 1:45 Bookmobile (G) 2:45 Book Discussion (APDR) 3:00 Weekly Rosary (GR) 6:15 St. Louis Children's Choir Caroling in the grille</p>	<p>22</p> <p>10:00 Ping Pong (GR) 7:00 Movie Night (T) Elf (1 hour, 56 min., Rated PG)</p>	
<p>23</p> <p>9:45 Church at Brooking park 10:00 AM-1:00 PM Sunday Brunch 2:00 Documentary (T)- Sumner High School- The best Kept Secret (2 hours, 1 min.) 7:30-8:30 Windsor Theatre Group entertain! (T)</p>	<p>24</p> <p>9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 2:00-Holiday Dice Game (T)</p>	<p>25</p> <p>Merry Christmas and Happy Holidays!  Christmas Day</p>	<p>26</p> <p>9:00 Exercise with Treva (T) 10:00 Banking (Lib.) 2:00 Fruit Cake Toss (G)  Kwanzaa Begins</p>	<p>27</p> <p>9:00 Sign Ups for January Activities (T) 9:00 Aqua Aerobics with Doug (P) 9:00 Walking club with Barb (L) 2:00 Stretch &amp; Strengthening (T)</p>	<p>28</p> <p>9:00 Exercise with Treva 9:00 Podiatrist (SPA-by appointment) 10:00 Art &amp; Drawing (AR) 1:00 Grocery Shopping- Schnucks (L) 3:00 Weekly Rosary (GR)</p>	<p>29</p> <p>10:00 Ping Pong (GR) 2:00 Weekend Bingo (GR) 7:00 Movie Night (T) New Year's Eve (1 hr, 47 min., Rated PG-13)</p>	
<p>30</p> <p>9:45 Church at Brooking Park 10:00 AM-1:00 PM- Sunday Brunch 2:00 Documentary (T) Robin Williams- Come Inside my Mind (1hour, 56 min.)</p>	<p>31</p> <p>9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 6:00 New Year's Eve Party (T)  New Year's Eve</p>						

\*\*\*Activities are Subject to Change!\*\*\*