

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2018

## The Willows at Brooking Park

				<p>9:00 Aqua Aerobics with Doug (P)  9:00 Walking Club with Barb (L)  11:00 Tai Chi (T)  <b>12:00 Out Trip-Meet the Author D. Ralph Young at Bonhomme Presbyterian Church (L)</b>  1:00-Fitness Equipment Training (FC)  1:30 Personal Trainer (FC)  3:00 Willows Chorale (T)</p>	<p>9:00 Exercise with Treva (T)  10:00 Art &amp; Drawing (AR)  1:00 Grocery Shopping-Dierbergs (L)  1:45 Bookmobile (G)  <b>2:00-Five-Seven violin and Piano concert (T)</b>  3:00 Hand Chimes (CR)  3:00 Weekly Rosary (GR)</p>	<p>10:00 Ping Pong (GR)  2:00 Apple Devices Class with Larry (CR)  <b>2:00 Out Trip Concert-Gateway Spotlight ChorUS-Let's Take a Sentimental Journey (L)</b>  7:00 Movie Night (T)  <i>Sleepless in Seattle</i>  (1 Hour 44 minutes, Rated-PG)</p>
<p>10:00 AM-1:00 PM-  Sunday Brunch  1:00 Musical Memories with Nathan (G)  <b>2:00 Out Trip-Bonhomme Presbyterian Church-Forte Chamber Orchestra Concert (L)</b>    <small>Daylight Saving Time Ends</small></p>	<p>9:00 Exercise with Treva (T)  9:00 Aqua Aerobics with Doug (P)  <b>9:45 Java &amp; Jabber (T)</b>  1:30 Scrabble (GGR)  3:00 Food Committee (GPDR)  3:00 Piano Club (T)  6:30 Poker (GR)</p>	<p>9:00 Water Walking with Barb (P)  <b>11:30-Out Trip-Lunch &amp; Visit the Renovated Soldiers War Military Museum and The war time production of-All is Calm (L)</b></p>	<p>8:15-9:00 AM-Blood Pressure Screening (Lib.)  9:00 Exercise with Treva (T)  10:00 Banking (Lib.)  2:00 Music &amp; Movement (T)  <b>7:30 Ken Roberts sings songs of Sinatra and the Rat Pack era! (T)</b></p>	<p>9:00 Aqua Aerobics with Doug (P)  9:00 Walking Club with Barb (L)  10:30 Book Review (T)  <b>1:00 Trip to Wal-mart (L)</b>  2:00 Stretch &amp; Strengthen (T)  3:00 Willows Chorale (T)</p>	<p>9:00 Exercise with Treva (T)  10:00 Art &amp; Drawing (AR)  <b>12:00 Food Drive &amp; Lunch (T)</b>  1:00 Grocery Shopping-Schnucks (L)  <b>2:00 Pianist Rekah Dravina entertains (T)</b>  3:00 Hand Chimes (CR)  3:00 Weekly Rosary (GR)</p>	<p>10:00 Ping Pong (GR)  2:00 Weekend Bingo (GR)  7:00 Movie Night (T)  <i>Overboard</i>  (1 hour, 52 min., Rated PG-13)</p>
<p>10:00 AM-1:00 PM-  Sunday Brunch  <b>2:00 WWII Sing Along (T)</b>    <small>Veterans Day (US)  Remembrance Day (Canada)</small></p>	<p>9:00 Exercise with Treva (T)  9:00 Aqua Aerobics with Doug (P)  <b>10:00 Ramekin (APDR)</b>  11:30 Duplicate Bridge (CR)  <b>3:00 TED Talks-The Tiny Creature the Secretly powers our planet (T)</b>  (16 minutes)</p>	<p>9:00 Water Walking with Barb (P)  <b>9:00-Out Trip-Tour the Holy Family Catholic Church in Cahokia, IL. One of the oldest churches in America and Lunch (L)</b></p>	<p>9:00 Exercise with Treva (T)  10:00 Banking (Lib.)  <b>10:30 History Talks-History of American Comedy (T)</b>  10:30 Jakes Book Club (GR)  2:00 Dancing with Cyndi (T)  **NO PARTNER NEEDED**  <b>7:30 Entertainment-Art &amp; Nancy (T)</b></p>	<p>9:00 Aqua Aerobics with Doug (P)  9:00 Walking Club with Barb (L)  <b>10:00 Hearing Aid Maintenance (SPA by Appointment)</b>  10:30 Wii Bowling (GR)  11:00 Tai Chi (T)  1:30 Personal Trainer (FC)  2:00 Trivia with Judy (CR)  3:00 Willows Chorale (T)</p>	<p>9:00 Exercise with Treva (T)  <b>9:15 Coffee Concert (L)</b>  10:00 Art &amp; Drawing (AR)  <b>10:00 Flower Arranging (CR)</b>  <b>1:00 Flower Arranging (CR)</b>  1:45 Bookmobile (G)  2:00 Grocery Shopping-Dierbergs (L)  3:00 Hand Chimes (CR)  3:00 Weekly Rosary (GR)</p>	<p>10:00 Ping Pong (GR)  2:00 Apple Devices Class with Larry (CR)  7:00 Movie Night (T)  <i>Look Who's Talking</i>  (1 hour, 35 min., Rated PG-13)</p>
<p>10:00 AM-1:00 PM  Sunday Brunch  1:00 Musical Memories with Nathan (G)  2:00 Documentary (T)  RBG  (1 hour, 38 min., Rated-PG)</p>	<p>9:00 Exercise with Treva (T)  9:00 Aqua Aerobics with Doug (P)  <b>11:00 Thanksgiving Service (T)</b>  1:00 Scrabble (GGR)  <b>2:00 Speaker-Ira Kodner and Frank Harris (T)</b>  3:00 Food Committee (GPDR)  6:30 Poker (GR)</p>	<p>9:00 Water Walking with Barb (P)  <b>10:30 Out Trip-St. Louis Arch Museum and Lunch-Tour the new Arch grounds and Museum (L)</b>  3:00 Bingo (GR)  <b>6:15-Interfaith Thanksgiving Program at Ladue Chapel (L)</b></p>	<p>8:15-9:00 Blood Pressure Screening (Lib.)  9:00 Exercise with Treva (T)  10:00 Banking (Lib.)  2:00 Music &amp; Movement (T)</p>	<p style="text-align: center;"><i>Happy Thanksgiving!</i></p> <p style="text-align: center;"><small>Thanksgiving Day (US)</small></p>	<p>9:00 Exercise with Treva (T)  10:00 Art &amp; Drawing  1:00 Grocery Shopping-Schnucks (L)  2:45 Book Discussion (APDR)  3:00 Hand Chimes (CR)  3:00 Weekly Rosary (GR)</p>	<p>10:00 Ping Pong (GR)  2:00 Weekend Bingo (GR)  7:00 Movie Night (T)  <i>The Proposal</i>  (1 hour, 47 min., Rated-PG-13)</p>
<p>10:00 AM-1:00 PM  Sunday Brunch  1:00 Documentary (T)  <i>Putin: the New Empire</i>  (1 hour, 24 min.)</p>	<p>9:00 Exercise with Treva (T)  9:00 Aqua Aerobics with Doug (P)  11:30 Duplicate Bridge (CR)  <b>1:00 Trip to Macy's (L)</b>  <b>3:00 TED Talks-Why People Believe Weird Things (T)</b>  (13 minutes)  7:15 Dominoes (GR)</p>	<p>9:00 Water Walking with Barb (P)  <b>10:00-Out Trip-Movie &amp; Lunch (L)</b>  <i>(Time may change due to what film we choose)</i>  <b>3:00-4:00 PM Happy Hour (T)</b></p>	<p>9:00 Exercise with Treva (T)  10:00 Banking (Lib.)  10:00 Torah Talks (GR)  2:00 Bingo (GR)  <b>4:30 Town Hall &amp; Happy Hour (T)</b></p>	<p>9:00 Aqua Aerobics with Doug (P)  9:00 Walking Club with Barb (L)  10:30 Wii Bowling (GR)  2:00 Stretch &amp; Strengthen (T)  3:00 Willows Chorale (T)</p>	<p>9:00 Exercise with Treva (T)  <b>9:00 Podiatrist (SPA by Appointment)</b>  <b>9:15 Coffee Concert (L)</b>  10:00 Art &amp; Drawing AR)  2:00 Grocery Shopping-Dierbergs (and we will go back there next week) (L)  3:00 Hand Chimes (CR)  3:00 Weekly Rosary (GR)</p>	

\*\*\* Activities are subject to Change! \*\*\*