

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 AM-1:00 PM Sunday Brunch 1:15 Cardinals vs. Atlanta(H) 2:00 Documentary (T) Bombshell: The Heddy Lamar Story (88 min.) Canada Day</p>	<p>2</p> <p>9:00 Exercise (T) 9:45 Java & Jabber (T) 1:00 Poker (GR) 1:00-2:00 Bookmobile (G) 1:30 Bridge (Lib.) 1:30 Scrabble (GGR) 3:00 Food Committee (GPDR) 3:00 Piano Club (T) 8:40 Cardinals vs. Arizona (A)</p>	<p>3</p> <p>9:00-Water Walking (P) 10:00 AM-Out Trip to Eckerts (L) 3:00 Bingo (GR) 8:40 Cardinals vs. Arizona (A)</p>	<p>4</p> <p>8:15-9:00 AM Blood Pressure Screening (Lib) 9:00 Exercise (T) 10:00 Banking (Lib.) 2:00 Senior Ballet (FC) 6:00 Fireworks at MUMC (Fireworks start at 9:15 pm) 9:10 Cardinals vs. Arizona (A) Independence Day</p>	<p>5</p> <p>9:00 Aqua Aerobics (P) 9:30 Walking club (L) 11:00 Tai Chi (FC) 1:00 Fitness Equipment Training (FC) 1:30 Personal Trainer (FC) 9:15 Cardinals vs. Padres (A)</p>	<p>6</p> <p>9:00 Exercise (T) 10:30 Making Peach Cobbler (CR) 1:00 Grocery Shopping – Dierbergs (L) 2:00 Peach Cobbler Social (T) 9:15 Cardinals vs. Padres (A)</p>	<p>7</p> <p>10:00 Ping Pong (GR) 2:00 Apple Devices Class with Larry (CR) 3:05 Cardinals vs. Padres (A) 7:00 Movie Night (T) The Devil Wears Prada (109 min, Rated-PG-13)</p>
<p>8</p> <p>10:00 AM-1:00 PM Sunday Brunch 2:00 Anna Zhong Young Artist Violin Solo (T) 3:05 Cardinals vs. Padres (A)</p>	<p>9</p> <p>9:00 Exercise (T) 11:30 Duplicate Bridge (CR) 2:00 World Bird Sanctuary presentation (T)</p>	<p>10</p> <p>9:00 Water Walking (P) 10:00 Out Trip-Hakuna Matata Cruise (L) 7:10-Cards vs. White Sox (A)</p>	<p>11</p> <p>9:00 Exercise (T) 10:00 Banking (Lib) 10:30 Jakes Book Club (GR) 2:00 Dancing with Cyndi (T) 7:10 Cards vs. White Sox (A)</p>	<p>12</p> <p>9:00 Aqua Aerobics (P) 9:30 Walking Club (L) 10:30 Book Review (T) 2:00 Stretch & Strengthen (T)</p>	<p>13</p> <p>9:00 Exercise (T) 10:00 Art & Drawing (AR) 12:00 Lunch & Food Drive (T) 1:00 Grocery Shopping-Schnucks (L) 7:15 Cardinals vs. Reds (H)</p>	<p>14</p> <p>10:00 Ping Pong (GR) 3:10 Cardinals vs. Reds (H) 7:00 Movie Night (T) A Few Good Men (137min., Rated- R)</p>
<p>15</p> <p>10:00 AM-1:00 PM Sunday Brunch 1:15 Cardinals vs. Reds (H) 2:00 Documentary (T) I've Seen Bigfoot (59 min.)</p>	<p>16</p> <p>9:00 Exercise (T) 10:00 Ramekin (APDR) 10:00 AM-3:00 PM-Nellies Closet (G) 1:00 Poker (GR) 1:30 Bridge (Lib.) 1:30 Scrabble (GGR) 3:00 Food Committee (GPDR)</p>	<p>17</p> <p>9:00 Water Walking (P) 9:30 AM-Out Trip to Botanical Gardens-Sachs Museum (L) 3:00 Bingo (GR)</p>	<p>18</p> <p>8:15-9:00 AM Blood Pressure Screening (Lib) 9:00 Exercise (T) 10:00 Banking (Lib.) 2:00 Music & Movement (T) 4:00 Theology on Tap (T)</p>	<p>19</p> <p>9:00 Aqua Aerobics (P) 9:30 Walking Club (L) 10:00 Hearing Aid Maintenance (SPA-appointment) 11:00 Tai Chi (FC) 1:30 Personal Trainer (FC) 7:30 Nostalgia Live! (T) 6:05 Cardinals vs. Cubs (A)</p>	<p>20</p> <p>9:00 Exercise (T) 10:00 Flower Arranging (CR) 1:00 Grocery shopping-Dierbergs (L) 1:00 Flower Arranging (CR) 2:00 Michael Gans from the U.S., Court of Appeals (T) 1:30 Cardinals vs. Cubs (A)</p>	<p>21</p> <p>10:00 Ping Pong (GR) 12:05 Cardinals vs. Cubs (A) 2:00 Apple Devices Class with Larry (CR) 6:15 Cardinals vs. Cubs (A) 7:00 Movie Night (T) Father of the Bride (105 min., Rated-PG)</p>
<p>22</p> <p>10:00 AM-1:00 PM Sunday Brunch 1:20 Cardinals vs. Cubs (A) 2:00 Documentary (T) Grey Gardens (1 hr., 42 min.)</p>	<p>23</p> <p>9:00 Exercise (T) 11:30 Duplicate Bridge (CR) 1:00-2:00 Bookmobile (G) 6:10 Cardinals vs. Reds (A)</p>	<p>24</p> <p>9:00 Water Walking (P) 10:00 Out Trip-Prologue Room at McDonnell Douglas (L) 6:10 Cardinals vs. Reds (A)</p>	<p>25</p> <p>9:00 Exercise (T) 10:00 Banking (Lib.) 11:35 Cardinals vs. Reds (A) 2:00 Musical Bingo (T) 4:30 Town Hall & Happy Hour (T)</p>	<p>26</p> <p>9:00 Aqua Aerobics (P) 9:00 Sign Ups for August Activities (T) 9:30 Walking Club (L) 2:00 Stretch & Strengthen (T)</p>	<p>27</p> <p>9:00 Podiatrist (SPA-by appointment) 9:00 Exercise (T) 10:00 Art & Drawing (AR) 1:00 Grocery Shopping-Schnucks (L) 2:45 Book Discussion (APDR) 7:15 Cardinals vs. Cubs (H)</p>	<p>28</p> <p>10:00 Ping Pong (GR) 3:05 Cardinals vs. Cubs (H) 7:00 Movie Matinee (T) The Mountain Between Us (111min., Rated PG-13)</p>
<p>29</p> <p>10:00 AM-1:00 PM Sunday Brunch 2:00 Documentary (T) Above & Beyond (85 minutes) 7:05 Cardinals vs. Cubs (H)</p>	<p>30</p> <p>9:00 Exercise (T) 1:00 Poker (GR) 2:00 A Patriotic Jeopardy (GR) 7:15 Dominoes (GR) 7:10 Cardinals vs. Rockies (H)</p>	<p>31</p> <p>9:00 Water Walking (P) 11:00 Out Trip-Ted Drew's (L) 3:00-4:30 Happy Hour with the Queens of Swing (T) 7:15 Cardinals vs. Rockies (H)</p>				

ACTIVITIES ARE SUBJECT TO CHANGE!!!