



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1 9:45 Church Service at Brooking Park 10:00 AM-1:00 PM Sunday Brunch 1:00 Musical Moments with Nathan (G) 1:15 Cardinals vs. Cincinnati (FS) 2:00 Documentary (T) Billy Graham: An Extraordinary Experience (65 minutes, PG-13)</p>	<p>2 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 9:45 Java & Jabber (T) 1:15 Cardinals vs. San Francisco (FS) 1:30 Scrabble (GGR) 3:00 Food Committee (GPDR)</p>	<p>3 9:00 Water Walking with Barb (P) 10:30 Jeopardy (GR) 2:00 Bingo Extravaganza (T) 6:45 Cardinals vs. San Francisco (FS)</p>	<p>4 8:15-9:00 Blood Pressure Screening (Lib.) 9:00 Exercise with Treva (T) 10:30 Grief Support Group (GR) 10:00-11:00 Banking (Lib.) 2:00 Music & Movement (T) 6:45 Cardinals vs. San Francisco (FS)</p>	<p>5 9:00 Aqua Aerobics with Doug (P) 9:00 Walking with Barb (L) 9:00 Out Trip-The Stephenson House-Edwardsville (L) 11:00 Tai Chi (T) 12:15 Cardinals vs. San Francisco (FS) 3:00 Willows Chorale (T)</p>	<p>6 9:00 Exercise with Treva (T) 10:00 Art & Drawing (AR) 1:00 Grocery Shopping - Dierbergs (L) 1:45-2:45 Bookmobile (G) 3:00 Hand Chimes (CR) 3:00 Weekly Rosary (GR) 6:05 Cardinals at Pittsburgh (FS)</p>	<p>7 10:00 Ping Pong (GR) 11:00 Apple Devices with Larry (CR) 2:00 Weekend Bingo (GR) 7:00 Movie Night (T) Music & Lyrics (104 min., Rated-PG-13) 6:05 Cardinals at Pittsburgh (FS)</p>
<p>8 9:45 Church Service at Brooking Park 10:00 AM-1:00 PM Sunday Brunch 12:55 Cardinals at Pittsburgh (FS) 1:00 Out Trip-Florissant to see Joel in Tuck Everlasting with Next Generation Theatre Company (L)</p>	<p>9 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 10:00 Ramekin (APDR) 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR) 2:00 Stretch Yoga (T) 3:00 Piano Club (T) 6:30 Poker (GR)</p>	<p>10 9:00 Water Walking with Barb (P) 10:30 Out Trip-Hofbräuhaus- Belleville, IL (L) 3:00 Bingo (GR) 3:00 Personal Trainer (FC) 7:30 Dancers of the Cameo Club entertain (T) 7:40 Cardinals at Colorado (FS)</p>	<p>11 9:00 Exercise with Treva (T) 10:00-11:00 Banking (Lib.) 10:30 Jakes Book Club- Go Went Gone by Jenny Erpenbeck 2:00 Dancing with Cyndi (T) 7:40 Cardinals at Colorado (FS)</p>	<p>12 9:00 Aqua Aerobics with Doug (P) 9:00 Walking with Barb (L) 10:30 Book Review with Clare Sanford (T) 1:30 Rally Day Social (Patio) 2:10 Cardinals at Colorado (TBD) 3:00 Willows Chorale (T)</p>	<p>13 9:00 Exercise with Treva (T) 10:00 Art & Drawing (AR) 10:00 Flower Arranging (CR) 1:00 Flower Arranging (CR) 1:00 Grocery Shopping- Schnucks (L) 3:00 Hand Chimes (CR) 3:00 Weekly Rosary (GR) 7:15 Cardinals vs. Milwaukee (FS)</p>	<p>14 10:00 Ping Pong (GR) 2:00 Wine Tasting with Stan Komen (T) 7:00 Movie Night (T) Poms (90 minutes, Rated-PG-13) 6:15 Cardinals vs. Milwaukee (FS)</p>
<p>15 9:45 Church Service at Brooking Park 10:00 AM-1:00 PM Sunday Brunch 1:00 Musical Moments with Nathan (G) 1:15 Cardinals vs. Milwaukee (TBD) 2:00 Documentary (T) Bird Brain (53 minutes, Rated TV-G)</p>	<p>16 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 10:30 Craffibility (T) 1:30 Scrabble (GGR) 2:00 Stretch Yoga (T) 3:00 Food Committee (GPDR) 6:45 Cardinals vs. Washington (FS)</p>	<p>17 9:00 Water Walking with Barb (P) 9:00 Men's Out Trip to Bonne Terre Space Museum and Lunch (L) (\$7.00) 6:45 Cardinals vs. Washington (FS)</p>	<p>18 8:15-9:00 Blood Pressure Screening (Lib.) 9:00 Exercise with Treva (T) 10:00-11:00 Banking (Lib.) 10:30-History Comes Alive with Diane Moran as Lizzie Borden (T) 12:15 Cardinals vs. Washington (FS) 1:00 Drawing 101 with Chrissy (AR) (NEW CLASS!!!!) 2:00 Music & Movement (T) 2:00 Torah Talks (GR)</p>	<p>19 9:00 Aqua Aerobics with Doug (P) 9:00 Walking with Barb (L) 10:00 Hearing Aid Maintenance (SPA by Appointment) 11:00 Tai Chi (T) 1:00 Equipment Training (FC) 1:30 Personal Trainer (FC) 2:00 Trivia with Judy (CR) 3:00 Willows Chorale (T) 7:05 Cardinals at Chicago (TBD) 7:30 Art & Nancy will entertain us (T)</p>	<p>20 9:00 Exercise with Treva (T) 10:00 Art & Drawing (AR) 12:00 Food Drive & Lunch (T) 1:00 Grocery Shopping- Dierbergs (L) 1:45-2:45 Bookmobile (G) 1:20 Cardinals at Chicago (FS) 3:00 Hand Chimes (CR) 3:00 Weekly Rosary (GR)</p>	<p>21 10:00 Ping Pong (GR) 1:20 Cardinals at Chicago (FS) 2:00 Weekend Bingo (GR) 7:00 Movie Night (T) Break through (116 minutes, Rated-PG)</p>
<p>22 9:45 Church Service at Brooking Park 10:00 AM-1:00 PM Sunday Brunch 1:20 Cardinals at Chicago (TBD) 2:00 Documentary (T) Heal (106 minutes, Rated-TV-PG)</p>	<p>23 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 1:30 Scrabble (GGR) 6:30 Poker (GR) 8:40 Cardinals at Arizona (FS)</p>	<p>24 9:00 Water Walking with Barb (P) 10:00 Out Trip-Lunch & Movie (L) 3:00 Bingo (GR) 8:40 Cardinals at Arizona (FS)</p>	<p>25 9:00 Exercise with Treva (T) 10:00-11:00 Banking (Lib.) 10:30 Sacred Grounds - "The Danger of a Single Story" (TED Talks), Chimamanda Ngozi Adichie 1:00 Drawing 101 with Chrissy (AR) 2:00 Dancing through the Decades (T) (NEW CLASS!!!!) 2:40 Cardinals at Arizona (FS) 4:30 Town Hall & Happy Hour (T)</p>	<p>26 9:00 Sign ups for October Activities (T) 9:00 Aqua Aerobics with Doug (P) 9:00 Walking with Barb (L) 3:00 Willows Chorale (T) 6:00 Out Trip-The story of The Delmar Divide with Richard Rothstein (L)</p>	<p>27 9:00 Exercise with Treva (T) 10:00 Art & Drawing (AR) 10:00 Podiatrist (SPA by appointment) 1:00 Grocery Shopping- Schnucks (L) 2:45 Book Discussion (APDR) 3:00 Hand Chimes (CR) 3:00 Weekly Rosary (GR) 7:15 Cardinals vs. Chicago (FS)</p>	<p>28 10:00 Ping Pong (GR) 6:15 Cardinals vs. Chicago (TBD) 7:00 Movie Night (T) The Wife (100 minutes, Rated-R)</p>
<p>29 9:45 Church Service at Brooking Park 10:00 AM-1:00 PM Sunday Brunch 1:00 Stages Man of La Mancha (L) 2:15 Cardinals vs. Chicago (FS)</p>	<p>30 9:00 Exercise with Treva (T) 9:00 Aqua Aerobics with Doug (P) 11:30 Duplicate Bridge (CR) 1:30 Scrabble (GGR)</p>	<h1>September 2019</h1> <h2>The Willows</h2>				

**** Activities are Subject to Change!****